

Confirmation Curriculum for Persons with Mental and Developmental Disabilities

[Building on the Rock](#)

Concordia Publishing House offers this resource for people with intellectual and development disabilities to be included in confirmation classes; it is written at a grade 3-4 reading level. There are six downloadable units: The Bible, Baptism, Communion, 10 Commandments, The Lord's Prayer, and The Apostles' Creed, which include teacher lessons, student handouts/activities and one complete set (50 total) of the Building on the Rock Communication Cards. There are also optional lessons for follow-up and non-readers. It was originally available from Bethesda Lutheran Communities, which is now known as AbleLight.

[Narratology](#)

This curriculum from clergystuff.com is a church confirmation program designed for one, two, or three learners which includes a special-needs section. Narratology is a framework for creating a storytelling, relationship-building experience for middle schoolers.